

Thought for the Day

This is a series of thoughts based on our need and thirst for God and how He satisfies us. There are some bible verses and some songs included which speak of the ways in which God meets, feeds and sustains us.

Psalm 1 verses 1 – 3

Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of the mockers. But his delight is in the law of the Lord, and on His law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers.

This Psalm tells us that we will become really happy when we do not conform to the ways of the world but follow the way of God. Take time to be with God and learn His will, talk to Him at all times and like the tree in the Psalm, that is deeply rooted by the water, you will flourish and bear much fruit. The water that God gives us is new life and the fruit is the good things that we do because we have God in us.

Pray that God will help you as you become more deeply rooted in Him.

Psalm 42 verse 1 - 2

As the deer pants for streams of water, so my soul pants for you, O God. My soul thirsts for God, for the living God. Where can I go and meet with God?

The deer is in a desert place and is thirsty because there is no water. It cries with thirst as it searches for water. The Psalmist says he is like the thirsty deer but his thirst is not for water but for God. He has been taken hostage and cannot go to the temple to worship God. His soul is thirsty for God.

We have been away from church for a long time, have we kept our thirst for God satisfied by seeking Him through His word and keeping our souls watered by the Spirit? Thank God that He satisfies our thirst for Him as we seek Him in our daily lives through His word and through prayer.

John 4 verses 13 – 14

Jesus told the woman at the well, “Everyone who drinks this water will be thirsty again, but whoever drinks the water I give him will never thirst. Indeed, the water I give him will become in him a spring of water welling up to eternal life”

Jesus was journeying through Samaria when He met this woman at the well and asked her for a drink. She learnt that Jesus could give her a very different kind of water if she turned from the life she had been living and followed Him. She was so excited by this that she went and brought the folk from the town to Jesus so that they too could learn about this and receive this water which brings eternal life.

Ask God to help you to tell others of your faith and the difference that knowing Jesus and drinking the water that He gives makes to your life.

Song

O let the Son of God enfold you, With His spirit and His love, Let Him fill your heart and satisfy your soul, O let Him have the things that hold you, And His spirit like a dove, Will descend upon your life and make you whole.

This song is a favourite of mine as it speaks of the difference it makes when we surrender the earthly things, that control our lives, to Jesus and allow Him to fill our hearts with His love. We have a new focus and become more fulfilled as the Spirit refines our lives.

Thank God for His unending love and care for you.

Song from my Sunday School days

I am feeding on the living bread, I am drinking at the fountain head, And whoso drinketh Jesus said shall never, never thirst again.

As a teenager I didn't fully understand these words but I loved the concept of never being thirsty. I realise now that the words do not speak of a physical thirst but of a thirst for God which can only be satisfied by faith in Jesus. This is the same water that we read about in John 4 and it is available to anyone who trusts Jesus today.

Praise God that He satisfies the deepest needs of our souls.

Chorus

Bread of Heaven, Bread of Heaven, Feed me now and evermore.

We read in the Gospel of Luke that Jesus, after His baptism, went into the desert for forty days where he was tempted by the devil. He was hungry and the devil tempted Him to turn stones into bread but Jesus reminded the devil that "Man does not live on bread alone but on every word that comes from the mouth of the Lord" (Deuteronomy 8 v 3) The Bread of Heaven spoken about here is the word of God. Feed on Him daily and He will sustain you evermore.

Thank you Father that you feed and sustain us through you word

Matthew 5 verse 6

Blessed are those who hunger and thirst for righteousness, for they will be filled.

As we seek God in our daily lives through His word and through prayer we become more hungry and thirsty for the things and ways of God. Seek Him daily and your joy will be made complete as you draw closer to Him and become more like Jesus.

Shine for God as your lives are filled with Him and His love and He in turn will make you whole.

Father we thank you for your daily, ongoing love and provision for us. Help us to seek you daily with all our hearts that we may be satisfied and become more deeply rooted in Jesus, shining for Him and watering this thirsty world.