

Paraclesis Week 4 – Choose Life

If you haven't been able to "fill in the blanks" for the fourth week's morning sermon this should help.

1. Parakaleo: To exhort

Exhortation is spiritual direction

2. Life in a new dimension

- Bios – external life (Luke 8:14)
- Psuche – internal life (Luke 9:24)
- Zoe – eternal life (John 1:1-4; 10:10; 14:6)

His outer world (bios) was:

- A busy and unpleasant place
- An uncertain and competitive place

A picture of life today:

- The burden of busyness
- The challenge of choice

In his inner world (psuche) he had:

- Self-pity
- Given up and become passive
- Settled for a victim mentality

3. The directive to change

- We don't always choose what happens in life
- We have the freedom to choose what we do with it
- Life is a series of choices
- We are responsible for our choices
- Choices are always consequential
- The loss of felt choice is not the loss of real choice
- We can choose to live God's kind of life